



LES JARDINS DU CAP

• CRAFT/PROFESSION

Benoît and Céline, the artisans behind "Les Jardins du Cap," work in different yet complementary fields. Benoît is a landscape gardener, a specialist in soil and plants, creating aesthetic and sustainable green spaces. He designs, arranges, and maintains gardens with deep respect for the natural ecosystem. Céline, on the other hand, is a medical-psychological assistant and caregiver. Her work focuses on human support, providing care, assistance, and empathy to individuals in their daily lives. Together, they combine their skills to create a project that merges respect for nature and humanity. They transform the products from their garden—plants, fruits, vegetables, and honey—into a range of artisanal products, such as soaps, cosmetics, jams, and syrups.

BACKGROUND

Benoît and Céline's journey is marked by a quest for simplicity and a return to their roots. After years working in their respective fields, they decided to shift towards a life closer to nature. In 2017, they acquired land in Bourail, where they chose to live self-sufficiently, building their home and garden with their own hands. They also opted for energy and water autonomy, using

solar energy and a water catchment system to meet their needs. Their lifestyle reflects their desire to reduce their ecological footprint and live in harmony with nature.

INSPIRATION AND ART/DESIGN

The inspiration for "Les Jardins du Cap" comes from the nature surrounding Benoît and Céline, as well as the values and teachings passed down by their parents and grandparents. Their garden is both a source of raw materials and creative ideas. Each creation is handmade and reflects a philosophy of life centered on simplicity, health, and environmental respect. Their project continues to evolve, with the ambition to expand their offerings and share their passion for nature through workshops and garden discoveries.